



2021

JANUARY

Riverside Elementary East Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



MEALS ARE FREE FOR ALL STUDENTS

4 Chef Choice
Chef Choice

Vegetable
Fruit
Choice of Milk

5 Grilled Ch.on Pretzel Roll
Chicken Patty Sandwich

Vegetable
Fruit
Choice of Milk

6 Grilled Ch.on Pretzel Roll
Chicken Patty Sandwich

Vegetable
Fruit
Choice of Milk

7 Walking Taco
Turkey & Cheese Sandwich

Vegetable
Fruit
Choice of Milk

8 Walking Taco
Turkey & Cheese Sandwich

Vegetable
Fruit
Choice of Milk

11 Meatball Sub
Chicken Nuggets w/WG Brd

Vegetable
Fruit
Choice of Milk

12 Meatball Sub
Chicken Nuggets w/WG Brd

Vegetable
Fruit
Choice of Milk

13 Fr.Tst.Sticks w/Sausage
Chicken Nuggets w/WG Brd

Vegetable
Fruit
Choice of Milk

14 Fr.Tst Sticks w/Sausage
Chicken Nuggets w/WG Brd

Vegetable
Fruit
Choice of Milk

15 BBQ Rib Sandwich
Chicken Patty Sandwich

Vegetable
Fruit
Choice of Milk

18
MARTIN LUTHER KING JR DAY

19 Mini Corn Dogs
Chicken Nuggets w/WG Bd

Vegetable
Fruit
Choice of Milk

20 Mini Corn Dogs
Chicken Nuggets w/WG Bd

Vegetable
Fruit
Choice of Milk

21 Steak & Ch.Sandwich
Turkey & Ch.Sandwich

Vegetable
Fruit
Choice of Milk

22 Steak & Ch.Sandwich
Turkey & Ch.Sandwich

Vegetable
Fruit
Choice of Milk

25 Grilled Ch.on Pretzel Rolls
Chicken Patty Sandwich

Vegetable
Fruit
Choice of Milk

26 Grilled Ch.on Pretzel Rolls
Chicken Patty Sandwich

Vegetable
Fruit
Choice of Milk

27 Cheeseburger on a Bun
Chicken Nuggets w/WG Brd

Vegetable
Fruit
Choice of Milk

28 Cheeseburger on a Bun
Chicken Nuggets w/WG Brd

Vegetable
Fruit
Choice of Milk

29 BBQ Rib Sandwich
Chicken Patty Sandwich

Vegetable
Fruit
Choice of Milk

More Info...

Offered Daily

**Fresh Fruit Or Juice
Fresh Vegetables**

**1% Milk
Skim Milk
Chocolate Skim Milk**

All Breads, Rolls, Pasta and Pizza Dough is Whole Grain

Students must pick at least one serving of fruit or vegetable with their meal

Menus are subject to change without notice.

HEALTHY FOR LIFE

